

**I \_\_\_\_\_, SWEAR TO INVEST  
MY ENERGY, STRENGTH, AND PASSION TO  
INSPIRE ONE MORE WOMAN TO RIDE A BIKE.**

## **I BELIEVE**

in the power of the pedal for positive social change; for building a healthier, happier, smarter world.

## **I PLEDGE**

to be an ambassador of the bicycle; to HONOR the past; CELEBRATE the present; EMPOWER the future of women in cycling.

## **I PROMISE**

to start the revolution; to live the change I want to see; to rally another to ride with me.